

Fight Global Warming Tips
from www.stopglobalwarming.org

Replace 2 frequently used light bulbs with compact fluorescent bulbs.

Your household would save ~300 pounds of carbon dioxide a year. If every household in the US did it, we would save a trillion pounds/year.

Check your tires weekly and make sure they are adequately inflated.

If everyone in the United States did it, gasoline use nationwide would come down by 2 percent.

Keep your vehicle in tip top shape.

A tune-up could boost your mpg anywhere from four to 40%. A new air filter could get you 10% more mpg. Take your roof rack off your car when you aren't using it for more savings.

Buy locally and reduce the amount of energy required to drive your products to your store.

This saves fuel and keeps money in your community, making it stronger.

Reduce garbage.

Producing 25 percent less garbage will reduce carbon dioxide emissions by 1,000 pounds per year.

Recycle paper, plastics and glass.

You can save 2,400 pounds of carbon dioxide per year by recycling half of household generated waste.

Use recycled paper.

This saves trees, which clean polluted air and produce clean air.

Plant a tree native to your region.

One tree absorbs 1 ton of carbon dioxide. 1,000 trees would absorb as much carbon dioxide as the average American generates in a lifetime.

Buy organic cotton.

Each garment made from organic cotton saves 1/3 pound of synthetic fertilizers and farm chemicals from polluting the soil.

Buy hybrid or fuel-efficient car.

Consider finding a car that gets more mpg than your current vehicle. You can save 28 pounds of carbon dioxide per gallon of gas saved. You can save 3,000 pounds of carbon dioxide per year if your new car gets 3 miles per gallon more than your old one.

Run your dishwasher only with a full load.

Use the energy-saving setting to dry the dishes. Don't use heat when drying. You can save 100 pounds of Carbon dioxide per year.

Get green energy.

Call your local utility and sign up for renewable energy. If they don't offer it, ask them why not!

Buy clean energy certificates.

Buy "wind certificates" or "green tags," which represent clean power you can add to the nation's energy grid in place of electricity from fossil fuels. For information, see Green-e (http://www.green-e.org/your_e_choices/trcs.html). Also, you can calculate the global warming pollution associated with your everyday activities, then buy enough certificates to offset them and become "climate neutral." Three places to learn how: www.nativeenergy.com, www.conservationfund.org, www.greentagsusa.org/GreenTags/index.cfm.

Keep your water heater insulated.

Wrapping it in an insulating jacket will result in a 1,000 pounds per year reduction of carbon dioxide emissions. Keep your water heater thermostat no higher than 120 degrees F and you can reduce carbon dioxide emissions by 550 pounds per year.

Switch to a tankless water heater.

Water is heated as you use it rather than keep a large tank of water hot.

Air conditioner check.

Clean or replace air filters as recommended. Cleaning a dirty air conditioner filter can save 350 pounds of carbon dioxide per year.

Replace old inefficient appliances.

Get rid of old, energy inefficient appliances and replace with newer energy-efficient models. Just by using an energy-efficient refrigerator, you can save 500 pounds of carbon dioxide per year. If you replace your current washing machine with a low-energy, low-water-use machine you will be able to reduce your carbon dioxide emissions by 440 pounds per year. For even more savings wash your laundry in warm or cold water, instead of hot. That will bring in a reduction of carbon dioxide emissions of about 500 pounds per year.

Weatherize your home.

Caulk, and weather-strip your doorways and windows. You can reduce your carbon dioxide emissions by 1700 pounds per year.

In the yard.

Using a push mower instead of a power mower will reduce carbon dioxide emissions by 80 pounds per year.

Move your thermostat down two degrees in winter and up two degrees in the summer.

About half the energy we use in our homes goes to heating and cooling. You could save about 2000 pounds of carbon dioxide a year.

Turn off un-used electronic devices.

When you're not using the TV, video player, stereo, lights and computer, you can save thousands of pounds of carbon dioxide emissions.

Don't leave the water running.

Remember to turn off the water when you're not using it. For example, while brushing your teeth, shampooing the dog, or soaping up your car, turn off the water until you actually need it for rinsing.

Unplug your cell phone charger and other electronics from the wall when you are not using them.

Did you know that even when turned "off" your hairdryers, cell phone chargers, and cameras use energy?

Take shorter showers.**Buy products that have earned the Energy Star.**

Over 40 different kind of products now carry the Energy Star — the government backed symbol for energy efficiency. With Energy Star products you can save 30% on your energy bills.

Instead of turning up the heat in your home, put on a sweater.**Buy only post consumer recycled paper products, including toilet paper and tissues.**

The paper industry is the third greatest contributor to global warming emissions.

Don't buy from companies that refuse to make post consumer paper.

Producing new paper, glass, and metal products from recycled materials saves 70% to 90% of the energy and pollution that results from products made from virgin materials.

Tell the companies you invest in that you care about global warming.

And you will pull your investments if they don't address the issue. Go to shareholder meetings and speak-up!

Avoid over-watering lawns and gardens.

Use slow-watering techniques on lawns and gardens.

Carpool: Leaving your car at home just two days a week will reduce your carbon dioxide emissions by 1,590 pounds per year.

Drive smart.

Don't accelerate too quickly. When you drive aggressively and quickly, you waste fuel.

Waste reduction.

You can save 1,200 pounds of carbon dioxide per year if you cut down your garbage by 10%."

Bring your own cloth bags to the market.**Air dry your clothes during the spring and summer instead of using the dryer whenever possible.**

You can save 700 pounds of carbon dioxide per year if you air dry your clothes for 6 months.

Install a low-flow showerhead to use less hot water.

This simple action can save 350 pounds of carbon dioxide per year.

Repair leaks in your plumbing.

This can save 20 gallons per day in most cases.

Home insulation.

Insulate your walls and ceilings; this can save about 25% of home heating bills. You can save 2,000 pounds of carbon dioxide per year.

Energy efficiency.

Ask your utility company for a home energy audit to find out where your home is poorly insulated or energy-inefficient. You can save 1,000 pounds of carbon dioxide per year.